

# Kefalonia Revisited

## Naturally

by Charlie Simonds

It was just that easy – we simply had to return to the beautiful, naturist-friendly Ionian Island of Kefalonia. Apart from seeing what Sam and Mark had achieved since our last visit, we recognized that there were parts of the island we hadn't time to visit a year ago, and there were activities on offer that needed to be experienced. Unfortunately, dearest Joss couldn't be with us this time so Sam and Faye, members of last year's team, were joined by Grace, for whom this was to be her first overseas naturist holiday. We also equipped ourselves with an underwater housing for our smaller video camera; the latter was also able to shoot still photographs. It proved to be a good decision.

Our stay in the second week in October was blessed with seven days of wall-to-wall sunshine, and, whilst the Vassaliki pool could have been a little warmer, we swam in the sea every day except our first. The latter provided the opportunity for the girls to have a scuba-diving lesson from Cedric, a Frenchman who runs a diving school based at Fiskado on the north of the island. Mark is keen that guests at Vassaliki can enjoy scuba diving as part of their holiday, and Cedric proved to be an engaging personality and an outstanding instructor. After about an hour of lessons on the edge of the pool at Vassaliki, the girls were fitted out with tanks, masks and flippers before submerging themselves underwater to experience the thrill of scuba diving for the first time, which I was fortunate enough to capture, both on stills and video.

The next two days were spent on Chris's beautiful boat – an eight-berth Oceanis 393. Both Mark and Chris are now keen to promote naturist holidays in Kefalonia whereby one week is spent at Vassaliki with a second week being spent afloat, sailing with Chris and visiting all those special remote perfect-for-naturism beaches, which are only accessible by boat. And, of course, that is exactly what we did with considerable time being spent on a

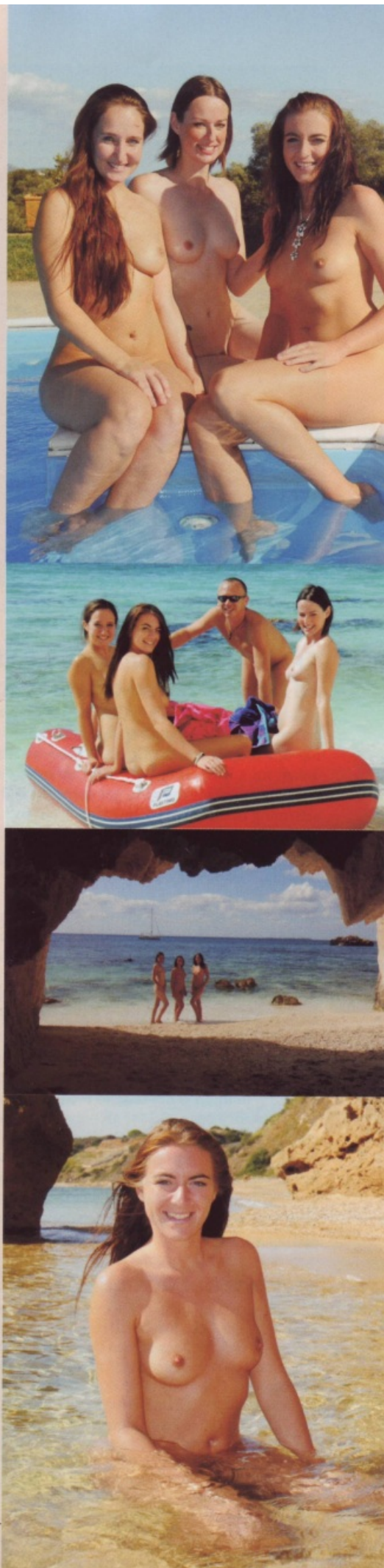
fabulous beach, aptly christened by Mark as Dreamy Bay, complete with glorious white sand and mysterious caves – also perfect for snorkeling and underwater filming.

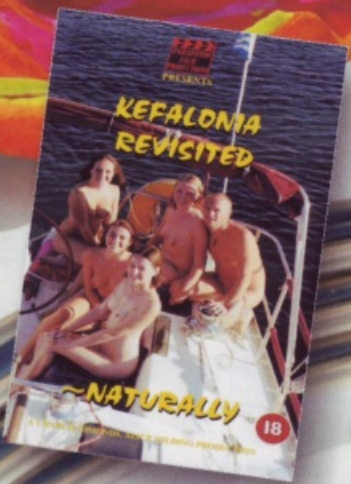
For the last three days of our stay, much of which was spent exploring more of the island, we were joined by a friendly Dutch couple, Martijn and Nina, who were enjoying their very first naturist holiday and who proved to be delightful company.

Skala in the SE corner of the island was well worth the hour's drive to get there as its own naturist beach on the western edge of the town is an easy walk from where you can park the car. After a relaxed morning on the sand we went into the town for lunch, before driving back, for only 15 minutes, along the main road to the long curving sandy beach at Mounda. We had this magnificent beach virtually to ourselves, and the sea was as calm as a millpond; it wasn't easy to drag ourselves away at the end of the afternoon.

The following day saw us all driving to the northern end of the island to the old fishing port of Fiskardo, which has become very popular with visiting tourists – who arrive by sea and by road. Mark and Sam quickly arranged for two motor boats and, with the girls embarked in one and Mark, Martijn, Nina, and I in the other, we set off to find a wonderfully remote little beach to which we laid claim for the rest of the day. It was absolutely idyllic and reminiscent of being in the Caribbean – definitely rated a ten out of ten for this one! Before returning to Fiskado, we motored to another inlet where we were able to snorkel above some very spooky-looking wrecks; though we did have to wait to strip off until another boat load of textile divers had departed. Thanks to Mark and Sam's local knowledge, we had enjoyed yet another great day.

Our final day was spent in and around the pool at Vassaliki, where we conducted some interviews with other visitors, all of whom, not surprisingly, raved about this unique naturist destination. We believe that our latest film, *Kefalonia Revisited ~ Naturally*, gives an accurate insight into all the many features of a naturist holiday at Vassaliki, which we didn't cover in our first film. With Mark and Sam's enthusiasm and energy, it just keeps getting better. We wish them all good fortune. ●





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*Kefalonia Revisited ~ Naturally*  
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